

# **Nutrition Facts**

Serving Size

100a

Amount Per Serving Calories

380

% Daily Value	
Total Fat 4.5g	6%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat Og	
Cholesterol Omg	0%
Sodium 10mg	0%
<b>Total Carbohydrate</b>	65g <b>24%</b>
Dietary Fiber 33g	118%
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Total Sugars 3g
Includes 0g A

Includes Og Added Sugars 0%

Protein 22g	
Vitamin D 0mcg	0%
Calcium 89mg	6%
Iron 4mg	20%
Potassium 1000mg	20%

\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

## **IMAGES**





# ORGANIC GARBANZO BEANS, 50LB BAG/1000LB TOTE

#### **ITEM NUMBER: ORG 901**

- Versatile and nutritional, beans are a great option for foodservice. Available
  in several varieties, they add great taste to entrees, soups or as a side dish.
- Product is packaged in the following manner:
  - 50 lb bag
  - · 1000 lb tote
- · Product is kosher and parve certified
- Product contains no known allergens
- · Facility is SQF certified.
- Product is processed, packaged, and stored in conformance to provisions in the Food, Drug and Cosmetic Act.
- · Product and facility are organic certified by CCOF
- Country of Origin is USA and Canada

#### **PRODUCT ATTRIBUTES**

- · Low sodium
- · Organic
- Preservative free
- Education K-12

#### PREPARATION INSTRUCTIONS

Suggested reconstruction ratio: To 3 parts boiling water add 1 part beans. Cover and simmer approximately 25 minutes

#### **MASTER CASE**

50 LB BAG Height: 32" Width: 18" Depth: 7" 1000 LB TOTE Height: 39" Width: 40" Depth: 48"

#### **INGREDIENTS**

Cooked and Dehydrated Organic Garbanzo Beans

## STORAGE

Shelf Life: 1 year from date of Manufacturing Storage: Clean, dry storage <80°F for maximum shelf-life

